

Give Your Back Pain the Respect It Deserves!

For a thorough evaluation, appropriate treatment recommendations, and, if needed, superior surgical care, talk to Dr. Eisler.

Whether your back pain is an annoying ache, a stabbing pain, or sheer agony, an expert evaluation at Connecticut Back Center can put you on the path to relief. Jesse G. Eisler, MD, PhD, is a board-certified, fellowship-trained

orthopaedic surgeon. He provides comprehensive surgical and non-surgical care of the cervical, thoracic, and lumbar spine. As an instructor at UConn's medical school, Dr. Eisler shares his expertise with doctors in training, while forwarding advancements in the field.

"Most back or neck pain doesn't require spine surgery," says Dr. Eisler. At Connecticut Back Center, patients may benefit from medications, physical therapy, chiropractic care, acupuncture, massage, or pain-reducing injections. "But when the appropriate treatment is surgery, I choose proven

procedures that minimize the amount of tissue disruption," he explains.

Less tissue damage means a faster recovery, so Dr. Eisler is enthused about minimally invasive techniques that deliver good outcomes. He was the first surgeon in Connecticut to employ the XLIF procedure for spinal fusion, accessing the spine laterally, through the patient's side. For selected patients, he introduced the endoscopic discectomy; special instruments remove and replace the damaged disk through a quarter-inch incision.

These are just two examples of advanced back and neck procedures Dr. Eisler performs at the ECHN Hospitals, St. Francis Hospital, and Hartford Hospital. "There are many leading-edge and effective options for today's spine surgery patients," he assures.

"I believe in the miraculous ability of the body to heal itself..."

Dr. Eisler encourages patients to understand their body's needs, choose treatment options that fit their personal lifestyle, and set realistic goals.

"I'm a highly trained surgeon, with a strong foundation in basic science, cell biology, and anatomy. But I keep an open mind. For routine back and neck pain, alternative treatments can be very helpful. I

believe in the body's miraculous ability to heal itself, given the right conditions—whether that be nutrition, exercise, or avoiding certain activities. Give the healing process time to take effect. I take a holistic approach with my patients. I don't push people in any direction. People can do so much to help themselves. I try to do whatever I can to facilitate that process."



Dr. Eisler

Schedule an evaluation. Call 860-872-6229.

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